

## RESOURCES

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|---|--|---|--|
| <b>A New Leaf</b>   | 480-464-4024   | turnanewleaf.org  | Domestic Violence, Shelter, Youth  |
| <b>Association of Arizona Food Banks</b>  | 602-528-3434   | azfoodbanks.org   | Food distribution center   |
| <b>AZ Coalition Against Domestic Violence</b>   | 602-279-2900   | azcadv.org  | Domestic violence  |
| <b>AZ Self Help</b>   | 602-604-0640   | azselfhelp.org  | Free way to find out if you can get help from 40 different health and human services programs  |
| <b>Benevilla</b>  | 623-584-4999   | benevilla.org   | Resources, caregiver support, home services  |
| <b>CAP – Northwest Valley</b><br><b>CAP- Glendale</b><br><b>CAP-Peoria</b><br><b>CAP-Wickenburg</b> | 602-372-0728<br>623-930-2854<br>623-979-3911<br>928-684-7894 | myhsd.maricopa.gov<br>glendaleaz.com/CAP<br>peoriaaz.gov<br>wcsc-wickenburg.org | Families with low incomes -financial assistance, education, utility deposit, rent payment assistance to prevent eviction, first month's rent payment for those who are homeless, rental deposit payment for those who are homeless, & mortgage assistance to avoid foreclosure |
| <b>Catholic Charities Community Services</b>  | 623-486-9868   | catholiccharitiesaz.org   | Emergency & transitional housing, pregnancy, adoption, limited financial assistance  |
| <b>Catholic Social Services- El Mirage</b>  | 602-997-6105   |   | Transition services  |
| <b>Church on the Street/Dream Center</b>  | 602-257-8918   | cotsphoenix.org   | Basic needs  |
| <b>City of Surprise Senior Center</b>   | 623-222-1500   | surpriseaz.gov  | Senior meals, activities   |
| <b>Community Information &amp; Referral (CIR)</b>   | 211  | cir.org   | Community resource information ( <b>24 hour HELPLINE</b> )   |
| <b>Crisis Hotline (Crisis Response Network)</b>   | 1-800-631-1314   |   | Hotline for domestic violence, homelessness, & suicide   |
| <b>Dept. of Economic Security (DES)</b>   | 602-771-1840   | azdes.gov   | Employment, disabilities, rental & utilities assistance  |
| <b>Dial-a-Ride</b>  | 623.222.1622   | valleymetro.org/dial_a_ride/  | Seniors, persons with disabilities, and the public   |
| <b>Dysart Community Center</b>  | 623-583-0016   |   | Literacy, GED help, teens  |
| <b>Emergency Shelter – Maricopa County</b>  | 602-744-4500   | Maricopahousing.org/emrgshltr   | Housing and shelter  |
| <b>Emergency &amp; Transitional Housing</b>   | 602-771-1000   | housingaz.com   | Section 8, low income housing  |
| <b>Eve's Place</b>  | 623-547-6175   | safetyatevesplace.org   | Domestic violence  |
| <b>Food Stamps (SNAP)</b>   | 602-542-9935   | www.snap-help.com/state/AZ  | Food   |
| <b>Fresh Start</b>  | 602-252-8494   | phoenix.wehelpwomen.com   | Women: family law, education, and career readiness   |

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| Interfaith Cooperative   | 602-254-7450                | icmaz.org                        | Food & Clothing, toiletries, medical   |
| Legal Services – General Law Assistance  | 602-258-3434                | www.clsaz.org                    | Low income legal assistance – family law, housing etc.                                   |
| Maricopa Community Action Program  | 602-506-5911                | maricopa.gov/cap                 | Rental/Utilities assistance  |
| Meals on Wheels – Sun City & Youngtown   | 623-974-9430                | mowaa.org                        | Elderly who are unable to shop and/or prepare their own meals.                           |
| Medi-Center  | 602-273-9999                |                                  | Medical detox from physical addiction – no insurance                                     |
| Mercy Maricopa Integrated Care   | 800-564-5465                | mercymaricopa.org                | Behavioral Health Authority – helping Arizonans get services and support for living well |
| Mission of Mercy   | 623-932-2723                | amissionofmercy.org/arizona      | Free medical/clinic program & prescription medication                                    |
| New Life Center  | 623-932-4404                | www.newlifectr.org               | Domestic Violence  |
| Phoenix Rescue Mission   | 602-233-3000                | phoenixrescuemission.org         | Meals, shelter, recovery programs  |
| Salvation Army   | 623-977-1084                | salvationarmyusa.org             | Rental/Utilities assistance  |
| St. Joseph the Worker  | 602-417-9854                | www.sjwjobs.org/                 | Helps individuals return to the workforce  |
| St. Mary's West Side Food Bank<br>13050 W Elm St, Surprise, 85374                  | 602-352-3640                | firstfoodbank.org                | Food – fresh fruit, vegetables, meat & dairy products                                    |
| St. Vincent De Paul- El Mirage<br>Surprise<br>Sun City West                        | Call 211 – for local parish | stvincentdepaul.net              | Charity Dining Room<br>Rental/Utilities Assistance                                       |
| Travelers Aid  | 602-683-3885                | travelersaid.org                 | Assistance to people stranded, crisis, disconnected from support systems                 |
| Tumbleweed Center-Youth  | 602-271-9904                | tumbleweed.org                   | Homeless, runaway, abused, troubled, at-risk teenagers age 11 – 25 years.                |
| UMOM   | 602-275-7852                | umom.org                         | Homeless, domestic violence, wellness  |
| Valley View Food Bank<br>10615 W Peoria Ave, Sun City                              | 623-933-3358                | valleyviewfoodbank.wordpress.com | Food   |
| West Valley Career Center<br>1840 N 95 <sup>th</sup> Ave, Suite 160 Phoenix, 85037 | 602- 372-4200               | arizonaworkforceconnection.com   | Resume development, job counseling, job readiness workshops & job search                 |
| West Valley Head Start   | 623-486-9868                | azheadstart.org                  | Early childhood services   |
| WIC  | 800-252-5942                | azdhs.gov/azwic                  | Pregnant, breastfeeding, and postpartum women, & infants and children under 5            |

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