

Paradise Honors High School
Week of January 22-26, 2018



	Menu subject to change without notice.	Nutritional information is available at the food service office.	Students must select 3 Out of the 5 Meal Components	
8 Bean & Cheese Burrito Fruit, Veg. 1% Milk or Fat Free Choc Milk	9 Turkey or Cheese Nachos Fruit, Veg. 1%Milk or Fat Free Choc Milk	10 Chicken Fajitas Fruit, Veg. 1%Milk or Fat Free Choc Milk	11 Soft Tacos Fruit, Veg. 1%Milk or Fat Free Choc Milk	12 Orange Chicken w/ WG Rice Fruit, Veg. 1%Milk or Fat Free Choc Milk
15 No School Martin Luther King Day	16 Chili Dog Fruit, Veg., 1% milk or Fat Free Choc Milk	17 Cheese Enchiladas Fruit, Veg., 1% milk or Fat Free Choc Milk	18 Chicken & Waffles Fruit, Veg., 1% milk or Fat Free Choc Milk	19 Bean & Cheese Green Chili Burrito. Fruit, Veg., 1% milk or Fat Free Choc Milk
22 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	23 Rib B Q Sandwich Fruit, Veg., 1% milk or Fat Free Choc Milk	24 Beefy Rotini Fruit, Veg., 1% milk or Fat Free Choc Milk	25 Meatball Sub Fruit, Veg., 1% milk or Fat Free Choc Milk	26 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk
29 Chicken Nuggets Fruit, Veg., 1% milk or Fat Free Choc Milk	30 Rotini & Meatsauce Fruit, Veg., 1% milk or Fat Free Choc Milk	31 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	In addition to lunch selections we offer our daily garden bar with mixed lettuce, tomato, cucumber, celery, carrots and more!	

GRILL

Monday : BBQ Turkey
Tuesday: Crispy Chicken Burger
Wednesday: Crispy Chicken Burger
Thursday: Rib-B-Q Burger
Friday: Crispy Chicken Burger

FAST TAKES

Monday : Crispy Chicken Wrap
Tuesday: Turkey & Cheese Club Wrap
Wednesday: American Sub
Thursday: Turkey & Bacon Club
Friday: Italian Sub
Sunbutter & Jelly served daily

PIZZA

Monday : Cheese or Pepperoni
Tuesday: Sausage or Cheese
Wednesday: Cheese or Pepperoni
Thursday: Cheese or Supreme
Friday: Cheese or Buffalo Chicken

~SALADS & MORE~

Monday : Buffalo Chicken Salad w./roll
Tuesday : Crispy Chicken Salad w/roll
Wednesday : Chef Salad w/roll
Thursday : Buffalo Chicken Salad w/roll
Friday : Chicken BLT Salad w/roll

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