

Paradise Honors High School
Week of January 29-31, 2018



Nutrition - Achievement - Environment - Community - Activity



	Menu subject to change without notice.	Nutritional information is available at the food service office.	Students must select 3 Out of the 5 Meal Components	
8 Bean & Cheese Burrito Fruit, Veg. 1% Milk or Fat Free Choc Milk	9 Turkey or Cheese Nachos Fruit, Veg. 1%Milk or Fat Free Choc Milk	10 Chicken Fajitas Fruit, Veg. 1%Milk or Fat Free Choc Milk	11 Soft Tacos Fruit, Veg. 1%Milk or Fat Free Choc Milk	12 Orange Chicken w/ WG Rice Fruit, Veg. 1%Milk or Fat Free Choc Milk
15 No School Martin Luther King Day	16 Chili Dog Fruit, Veg., 1% milk or Fat Free Choc Milk	17 Cheese Enchiladas Fruit, Veg., 1% milk or Fat Free Choc Milk	18 Chicken & Waffles Fruit, Veg., 1% milk or Fat Free Choc Milk	19 Bean & Cheese Green Chili Burrito. Fruit, Veg., 1% milk or Fat Free Choc Milk
22 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	23 Rib B Q Sandwich Fruit, Veg., 1% milk or Fat Free Choc Milk	24 Beefy Rotini Fruit, Veg., 1% milk or Fat Free Choc Milk	25 Meatball Sub Fruit, Veg., 1% milk or Fat Free Choc Milk	26 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk
29 Chicken Nuggets Fruit, Veg., 1% milk or Fat Free Choc Milk	30 Rotini & Meatsauce Fruit, Veg., 1% milk or Fat Free Choc Milk	31 Turkey or Cheese Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	In addition to lunch selections we offer our daily garden bar with mixed lettuce, tomato, cucumber, celery, carrots and more!	

GRILL

Monday : Cheeseburger
Tuesday: Spicy Chicken Burger
Wednesday: Double Cheeseburger
Thursday:
Friday:

FAST TAKES

Monday : Southwestern Wrap
Tuesday: Turkey & Bacon Club
Wednesday: Maui Crunch Wrap
Thursday:
Friday:
Sunbutter & Jelly served daily

PIZZA

Monday : Cheese or Pepperoni
Tuesday: Sausage or Cheese
Wednesday: Cheese or Pepperoni
Thursday:
Friday:

~SALADS & MORE~

Monday : Chef Salad w./roll
Tuesday : Buffalo Chicken Salad w/roll
Wednesday : Chef Salad w/roll
Thursday :
Friday :

"In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 495-3272 (voice) or (202) 720-5964. USDA is an equal opportunity provider and employer"

