

Paradise Honors High School  
Week of February 12-16 2018



Nutrition - Achievement - Environment - Community - Activity



	<p>Menu subject to change without notice.</p>	<p>Nutritional information is available at the food service office.</p>	<p>1 <b>Chicken Tenders</b></p>	<p>2 <b>Chili Dog</b></p>
<p>5 <b>Cheese Enchiladas</b> Fruit, Veg. 1% Milk or Fat Free Choc Milk</p>	<p>6 <b>Chicken Nuggets w/ roll</b> Fruit, Veg. 1%Milk or Fat Free Choc Milk</p>	<p>7 <b>Glazed Grilled Chicken Sandwich</b> Fruit, Veg. 1%Milk or Fat Free Choc Milk</p>	<p>8 <b>Bean &amp; Cheese Burrito</b> Fruit, Veg. 1%Milk or Fat Free Choc Milk</p>	<p>9 <b>Fajita Quesadilla</b> Fruit, Veg. 1%Milk or Fat Free Choc Milk</p>
<p>12 <b>Spaghetti &amp; Meatsauce</b> Fruit, Veg. 1% milk or Fat Free Choc Milk</p>	<p>13 <b>Nachos</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>14 <b>Glazed Grilled Chicken Sandwich</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>15 <b>Atomic Burger</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>16 <b>Frito Pie</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>
<p>19 <b>No School</b> <b>Presidents Day</b></p>	<p>20 <b>Chicken Nuggets</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>21 <b>Chicken Alfredo</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>22 <b>Orange Chicken</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>23 <b>Chili Dog</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>
<p>26 <b>Bean &amp; Cheese Burrito</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>27 <b>Nachos</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>28 <b>Glazed Grilled Chicken Sandwich</b> Fruit, Veg., 1% milk or Fat Free Choc Milk</p>	<p>In addition to lunch selections we offer our daily garden bar with mixed lettuce, tomato, cucumber, celery, carrots and more!</p>	<p>Students must select 3 Out of the 5 Meal Components</p>

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**GRILL**

Monday : Spicy Chicken Sandwich  
Tuesday: Corn dog  
Wednesday: Cheeseburger  
Thursday: Double Chicken burger  
Friday: Chicken Tenders

**FAST TAKES**

Monday : Turkey & Cheese Sub  
Tuesday: Turkey & Cheese Sub  
Wednesday: Italian Sub  
Thursday: Turkey & Bacon Sub Club  
Friday: American Sub Sandwich  
Sunbutter & Jelly served daily

**PIZZA**

Monday : Cheese or Pepperoni  
Tuesday: Cheese or BBQ  
Wednesday: Cheese or Pepperoni  
Thursday: Cheese or Sausage  
Friday: Cheese or Buffalo Chicken

~SALADS & MORE~

Monday : Crispy Chicken Salad w/roll  
Tuesday : Chicken Ceasar Salad w/roll  
Wednesday : Chef Salad w/roll  
Thursday : Asian Chicken Salad w/roll  
Friday : Buffalo Chicken Salad w/roll

