

Paradise Honors High School
Week of February 20-24 2018



Nutrition - Achievement - Environment - Community - Activity



	Menu subject to change without notice.	Nutritional information is available at the food service office.	1 Chicken Tenders	2 Chili Dog
5 Cheese Enchiladas Fruit, Veg. 1% Milk or Fat Free Choc Milk	6 Chicken Nuggets w/ roll Fruit, Veg. 1%Milk or Fat Free Choc Milk	7 Glazed Grilled Chicken Sandwich Fruit, Veg. 1%Milk or Fat Free Choc Milk	8 Bean & Cheese Burrito Fruit, Veg. 1%Milk or Fat Free Choc Milk	9 Fajita Quesadilla Fruit, Veg. 1%Milk or Fat Free Choc Milk
12 Spaghetti & Meatsauce Fruit, Veg. 1% milk or Fat Free Choc Milk	13 Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	14 Glazed Grilled Chicken Sandwich Fruit, Veg., 1% milk or Fat Free Choc Milk	15 Atomic Burger Fruit, Veg., 1% milk or Fat Free Choc Milk	16 Frito Pie Fruit, Veg., 1% milk or Fat Free Choc Milk
19 No School Presidents Day	20 Chicken Nuggets Fruit, Veg., 1% milk or Fat Free Choc Milk	21 Chicken Alfredo Fruit, Veg., 1% milk or Fat Free Choc Milk	22 Orange Chicken Fruit, Veg., 1% milk or Fat Free Choc Milk	23 Chili Dog Fruit, Veg., 1% milk or Fat Free Choc Milk
26 Bean & Cheese Burrito Fruit, Veg., 1% milk or Fat Free Choc Milk	27 Nachos Fruit, Veg., 1% milk or Fat Free Choc Milk	28 Glazed Grilled Chicken Sandwich Fruit, Veg., 1% milk or Fat Free Choc Milk	In addition to lunch selections we offer our daily garden bar with mixed lettuce, tomato, cucumber, celery, carrots and more!	Students must select 3 Out of the 5 Meal Components

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GRILL

Monday : No School
Tuesday: Corn dog
Wednesday: Cheeseburger
Thursday: Crispy Chicken burger
Friday: Chicken Tenders

FAST TAKES

Monday : No School
Tuesday: Turkey & Cheese Sub
Wednesday: Ham & Cheese Sub
Thursday: Turkey & Bacon Sub Club
Friday: American Sub Sandwich
Sunbutter & Jelly served daily

PIZZA

Monday : No School
Tuesday: Cheese or Pepperoni
Wednesday: Cheese or Buffalo Chicken
Thursday: Cheese or Pepperoni
Friday: Cheese or Sausage

~SALADS & MORE~

Monday : No School
Tuesday : Chicken Ceasar Salad w/roll
Wednesday : Chef Salad w/roll
Thursday : Asian Chicken Salad w/roll
Friday : Buffalo Chicken Salad w/roll

